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(72) Bounous, Gustavo, CA

(72) Gold, Phil, CA

(73) Immunotec Research Corporation Ltd., CA

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(54) COMPOSITIONS THERAPEUTIQUES ANTICANCEREUSES, POUR LA PREVENTION OU LE TRAITEMENT DU CANCER

(54) ANTI-CANCER THERAPEUTIC COMPOSITIONS FOR PROPHYLAXIS OR FOR TREATMENT OF CANCER

(57) This invention relates to a method of treatment of patients having lesions resulting from cancer cells and to an application as an anti-cancer composition of undenatured whey protein concentrate.

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(71) Applicant (for all designated States except US): IMMUNO-TEC RESEARCH CORPORATION LTD. [CA/CA]; 1010 Sherbrooke St. West, Suite 1602, Montreal, Quebec H3A 2R7 (CA).

(72) Inventors; and
(75) Inventors/Applicants (for US only): GOLD, Phil [CA/CA];
3225 The Boulevard, Westmount, Quebec H3Y 154 (CA).
BOUNOUS, Gustavo [CA/CA]; 1745 Cedar Avenue,
Apt. 1003, Montreal, Quebec H3G 1A7 (CA).

(74) Agent: McKHOOL, Eli, J.; Gowling, Strathy & Henderson, Suite 2600, 160 Elgin Street, Ottawa, Ontario K1N 8S3 (CA).

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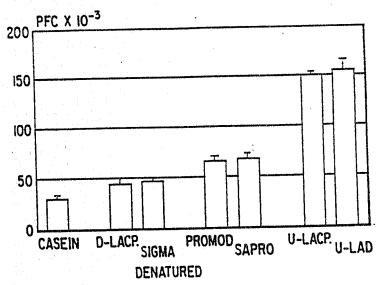
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(54) Title: -ANTI-CANCER THERAPEUTIC COMPOSITIONS CONTAINING WHEY PROTEIN CONCENTRATE

EFFECT OF VARIOUS SOURCES OF WHEY PROTEIN CONCENTRATE AND CASEIN (20G/100G DIET) ON SPLEEN PFC RESPONSE TO 5X10⁶ SRBC



MEAN + S.E.M. N≥10

(57) Abstract

This invention relates to a method of treatment of patients having lesions resulting from cancer cells and to an application as an anti-cancer composition of undenatured whey protein concentrate.

ANTI-CANCER THERAPEUTIC COMPOSITIONS CONTAINING WHEY PROTEIN CONCENTRATE

Summary of the Invention

The present invention is based on the surprising discovery that undenatured whey protein concentrate has an enhanced immunological effect. More specifically, this invention relates to the effect of the oral administration of undenatured whey protein concentrate (WPC) on host resistance to the development of chemically induced cancer and also the effect of such oral administration on the inhibition of cancer.

In Bounous et al "Dietary Whey Protein Inhibits the Development of Dimethyl-hydrazine induced Malignancy" (1) described we experiments showing that continuous feeding of WPC in the diet inhibits the development (number and size of tumours) in the colon of a mouse over a period of 24 weeks of dimethylhydrazine This anti-tumour effect could be caused by (DMH) treatment. increased resistance of target cells to the carcinogen and/or a direct inhibitory effect of WPC on the cancer cells. subsequent series of experiments (2) where animals were fed Purina diet for the first 20 weeks of DMH and then switched to WPC diet for the remaining 8 weeks of DMH treatment, suggested some inhibitory effect of WPC feeding on cancer cells.

Most recently (3) a group of French scientists confirmed <u>in</u> <u>vitro</u> a direct inhibitory effect of WPC on human cancer cells. Indeed similar studies <u>in vitro</u> with human breast cancer cells have shown that bovine serum albumin (BSA) is the factor exerting inhibition of cancer cell replication (4).



We have also shown that this activity of WPC is specifically dependent upon the glutamylcysteine groups (substrate for GSH synthesis) present in the BSA fraction of WPC.

Interestingly, the introduction of the cysteine delivery system ozothiazolidine-4-carboxylate (ozothiazolidine-4-carboxylate), while enhancing glutathione (GSH) levels in normal cells, was found to result in feedback inhibition of the GSH cycle in human tumour cells (5). differential effect of OTZ was recently confirmed in vivo (6). The previously described direct inhibitory effect of WPC (3) and more specifically of BSA (4) could be explained therefore by the release during incubation of a potent cysteine delivery system such as glutamylcysteine.

We have therefore reached the following conclusions:

- BSA is the protein fraction of WPC that we found to be primarily responsible for the GSH promoting activity of WPC. This activity which we believe to be the basis for the immuno enhancing and anticarcinogen effect of WPC, is specifically dependent upon the glutamylcysteine groups (substrate for GSH synthesis) present in the BSA fraction of WPC.
- The molecular weight of BSA is 66,267 hence guite different from the MW of the anti-cancer factor patented by Villadsen (MW 500-20,000). (7).
- (3) Our earlier findings (1,2) could be explained as follows: During DMH treatment, WPC feeding, by increasing cellular GSH, protects the target cells against the effects of In addition, increased availability of the carcinogen. substrate for GSH synthesis could inhibit replication of formed cancer cells.
- We have now established the importance of a high level 4) of serum albumin (BSA) in the WPC in providing a substrate for GSH synthesis. We can conclude that dietary whey protein concentrate in undenatured form and containing ≥ 10% BSA exerts an anti-tumour effect.

Brief Description of the Drawings

Figure 1 illustrates the liver glutathione content in male mice C57BL/6NIA fed undenatured whey protein (U-Lacp), denatured whey protein (D-Lacp), casein, egg white protein or Purina dietfed counterparts at age 10 weeks, 27, 20 and 21 months.

Figure 2 illustrates the heart glutathione content of male mice C57BL/6NIA fed undenatured whey protein (U-Lacp), denatured whey protein (D-Lacp), casein, egg white protein or Purina dietfed counterparts at age 10 weeks, 17, 20 and 21 months.

Figure 3 illustrates the effect of various sources of whey protein concentrate and casein (20 g/100 g. diet) on spleen PFC response to 5×10^6 SRBC in mice.

Detailed Description

Definitions

(a) Whey Protein

Whey proteins are the group of milk proteins that remain soluble in "milk serum" or whey after precipitation of caseins at pH 4.6 and 20°C. The major whey proteins in cow's milk are beta-lactoglobulin (β L), alpha-lactalbumin (α L), immunoglobulin and serum albumin (SA).

The product of industrial separation of this protein mixture from whey is called "whey protein concentrate" (WPC) or isolate. The WPC that was used in most of our early experiments is from bovine milk (Lacprodan-80 from "Danmark Protein A.S."). Use in its undenatured state is indicated as U-Lacp, and in its denatured state is indicated as D-Lacp. Lactalbumin (L) is the term traditionally used to define WPC.

- (b) C = casein;
- (c) SRBC = Sheep red blood cells;
- (d) PFC = Plaque forming cells (spleen): enumeration of PFC
 in spleen is used to assess the humeral immune response
 to SRBC injection;
- (e) GSH = Glutathione (L-gamma-glutamyl-Lcysteinylglycine);
- (f) DMH = 1,2-Dimethylhydrazine;
- (g) The defined formula diets tested varied only in the type of protein;
- (h) Whey of bovine milk contains approximately 6 g per litre protein, most of the lactose, mineral and water soluble vitamins.

- 4 -

Diets used in these studies: referred to below in Table 3

Diets are prepared in the following way: 20 g of selected pure protein, 56 g of product 80056 protein free diet powder containing corn syrup, corn oil, tapioca starch, vitamins and minerals (Mead-Johnson Co. Inc., U.S.A.), 18 g cornstarch, 2 g wheat bran; 0.05 g Nutramigen vit-iron premix (Bristol-Myers, Ontario, Canada), 2.65 g KCl; 0.84 g NaCl. The carbohydrate and lipid components of our formula diets were the same. The only variable in the various purified diets was the type of protein (20 g protein/100 g diet). At this concentration in diet all the different proteins tested provided the daily requirements of essential amino acids for the growing mouse (8). Vitamins and minerals were the same in each set of experiments and were added in the amount necessary to provide daily requirements for the growing mouse (9, 10). Table 1, below, indicates the variation in suggested vitamin requirements for mouse diets and their contents in some of our formulations. Therefore all the formula diets used in our experiments were designed to provide adequate nutrition as demonstrated by normal body growth, serum protein (9) and by the absence of hair loss, dermatitis, cataract, ataxia, fatty liver etc. The latter symptoms were of course present in very old mice and were related to the aging process.

TABLE 1

VITAMIN AND MINE	ERAL CONTENT OF TEST DIET	S (amount /10	Og diet)	
	TEST DIETS		JACKSON (9) (range of amount recommended in Jackson laboratories diets)	AIN 76(10)
VITAMINS:				
Vitamin A, IU	1295 1800	24 - 550		400
Vitamin D, IU	260		14 - 506	100
Vitamin E, IU	11.6 18		1 - 2.7	5.0
Vitamin K, mg	0.06 0.09		-	0.005
Thiamine(Vitamin Bl)	,mg 0.34	0.63	0.2299	0.60
Riboflavin(Vitamin B	2),mg 0.38	0.69	0.24 - 1.1	0.60
Vitamin B6, mg	0.26 0.36	0.1 - 0.55		0.70
Vitamin B12, mg	0.0012 0.054	.00390055		0.001
Niacin, mg	5.1	9.2	2.6 - 14.3	3.0
Folic acid, mg	0.063 0.12	0.05 - 0.27		0.2
Pantothenic acid,mg	1.93 3.38	1 - 5.5		1.6
Biotin, mg	0.031	0.058	0.019- 0.165	0.02
Vitamin C, mg	53.3 65	-		-
Choline, mg	44	76	49 - 145	100
Inositol, mg	19.8	19.8	-	-
				<u>AIN 76</u>
MINERALS:				
Calcium, mg	430	#		520
Phosphorus, mg	260 #	•		400
Magnesium, mg	63.2 #			50
Iron, mg	7.9			3.5
Zinc, mg	3.57	#		3.0
Copper, mg	0.47	#		0.60
Iodine, mg	0.023			0.02
Sodium, mg				100
Potassium, mg	997			360
#	After Minerals Analysis			
(9)	Hoag W.G., Dickie M.M. "Nutritio Mouse McGraw-Hill NY 1966 pp 39-43. (Jackson was our s		(Ed) Biology of the	e Laboratory
(10)	The Mouse in Biomedical Research Academic press 1983, NY pp 57-5		Foster-H.L., Seall J.	D., Fox J.B.,

Immunization for plaque assays

The diet-fed mice were immunized by an intravenous injection of 5 x 10^6 washed sheep red blood cells obtained weekly from Institut Armand-Frappier, Laval des Rapides, Quebec, Canada.

Plaque forming cell (PFC) assay

The method used for assaying IgM plaque forming cells was essentially the one described by Cunningham and Szenberg (11), with certain minor modifications. Spleen cell suspensions were prepared by gently tamping the spleen through a 50-mesh stainless steel screen, and collecting the cells in balanced salt solution (BSS) supplemented with 10% heat-inactivated calf serum (Grand Island Biological Company, Montreal, Quebec, Canada). The spleen cells were washed and made up to 15 ml with BSS. Sheep red blood cells were washed twice and made up to a 20% concentration. Guinea pig serum (Grand Island Biological Company, Montreal, Quebec, Canada) as a source of complement was diluted 1/15 with BSS. All stock solutions were kept on ice water until used. The test consisted of mixing 0.05 ml of spleen cells, 0.15 ml of sheep red blood cells and 0.75 ml of the complement solution in a test tube at 37°C. The whole mixture was immediately withdrawn and put into slide chambers, sealed with warm paraffin wax, and incubated at 37°C for 45 to 60 min. The number of plaque forming cells was counted and their total number per spleen estimated by multiplying the number of plaque forming cells in each sample (0.05 ml spleen cells) by 300. The values are expressed per total organ rather than per 106 spleen cells, since this appears to reflect more accurately the functional status of the spleen per se.

Mice were assayed for the plaque forming cell response to sheep red blood cells normally on the fifth day after immunization when the response was shown to peak or, in the kinetic study, on days 3, 4, 5 and 6 post-immunization.

Statistics

The mean plaque forming cell values were compared among the dietary groups using either Student's test, when two groups were being compared, or the analysis of variances (ANOVA) for more than two groups. Because of the heterogeneity of variances among

groups, the adjustment given by Brown and Forsythe was used. Spleen glutathione content

Ninety milligrams of mouse spleen were weighed using a Mettler PM-300 balance and samples varied from 90 mg by less than 5 mg (5%). The samples were then homogenized in 5-sulfosalicylic acid (5% w/v). Homogenates were centrifuged for 5 min in a microfuge at 10,000 x g. The assay was carried out using the supernatants on the same day according to the methods of Anderson (12). Values are expressed as μ mol per g/wet tissue.

Tissue Glutathione Assay:

Ninety milligrams of mouse heart or liver were homogenized in 5-sulfosalicylic acid (5% w/w). Homogenates are centrifuged for 5 minutes in a microfuge at 10,000 x g. The assay is carried out using the supernatants on the same day according to the method of Anderson (12), Values are expressed as μ mol/g wet tissue.

After three months on either diet initiated at age 17 months, GSH content was found to be higher in the liver and heart of U-Lacp (undenatured whey protein Lacprodan-80) fed mice compared to the D-Lacp (denatured whey protein Lacprodan-80), casein, egg white protein or Purina diet-fed counterparts (Figures 1 & 2). The GSH values in heart and liver of mice fed Purina laboratory chow was similar at age 10 weeks, 17, 20, 21 months. The U-Lacp diet appears to enhance the GSH content of heart and liver above "normal" values after 3 and 4 months of continuous feeding (Figures 1 & 2).

In addition, after three weeks on the U-Lacp diet, spleen GSH content is increased during the antigen driven clonal expansion of the lymphocytes in young adult C3H/HeN mice as compared to a decline in controls fed D-Lacp, casein or egg white protein diets. In old C57BL/6NlA mice, long term feeding of U-Lacp diet results in a moderate but sustained increase in liver and heart GSH levels (Figures 1 and 2). The GSH enhancing activity of WPC is restricted to its undenatured form (ULacp).

- 8 -

Table 2 AMINO ACID COMPOSITION (g/100 g protein)

Amino Acid	Whey Protein	Egg White
	Concentrate *	Protein **
Aspartic acid	11.3	7.9
Threonine	7.2	4.4
Serine	6.1	7.9
Glutamic acid	20.1	14.1
Proline	6.6	3.8
Glycine	2.0	3.7
Alanine	5.4	7.6
Valine	6.5	7.8
Isoleucine	6.7	6.5
Leucine	11.2	8.8
Tyrosine	2.9	4.2
Phenylalanine	3.1	6.4
Lysine	9.5	6.0
Histidine	1.9	2.2
Arginine	2.7	5.9
Methionine	2.2	3.9
Cysteine	2.4	2.4
Tryptophan	1.7	1.5

- * Lacprodan-80 from Danmark Protein A/S, Copenhagen, Denmark, 1986; used in these experiments.
- ** Values calculated from "Amino Acid Content of Foods", U.S.D.A., 1957. Values from cysteine analyzed by Sigma on samples used = 2.38 g/100 g protein and in our laboratory = 2.4 g/100 g protein.

This property is not solely due to the high cysteine content of WPC because another protein source with similar cysteine content (egg white) (see Table 2) does not exhibit this biological activity. This property of U-Lacp does not depend specifically on its nutritional efficiency as evaluated by body weight, serum proteins, and food consumption, but appears to depend on the primary, secondary and tertiary structure of the protein in its native form.

Some of the previously discussed methods of increasing intracellular levels of glutathione concentration are either toxic (13) or dangerous owing to the risks related to the initial phase of glutathione depletion (14, 15). The methods involving the use of gamma-glutamylcysteine (16), athiazolidine (17) or glutathione esters (18) (U.S. patent #4,784,685) offer an interesting possibility for short term intervention. However, their long term effectiveness in producing sustained elevation of cellular glutathione has not been shown, nor has the possible toxicity of their long term use been disproved. glutathione and glutathione disulfide were found to be positive in the most commonly used short term tests for carcinogenicity and mutagenicity (13). Relevant to our invention are recent data indicating specifically that a lack of the GSH precursor, cysteine, rather than a decrease in biosynthetic enzyme activities is responsible for the deficiency of GSH noted in aging animals (19). Similarly, the fall in cytosolic GSH in the liver of chronic ethanol fed rats does not appear to be caused by a limitation in the capacity of gamma-glutamylcysteine synthetase activity (20).

Data in Figures 1 and 2 show that the concentration of liver and heart glutathione in control Purina fed mice remains very constant over time. On the other hand a moderate but sustained elevation of tissue GSH was noted in mice fed the nutritionally equivalent whey protein (U-Lacp) diet. Only minuscule quantities of glutathione and no breakdown products that can be readily attributed to glutathione are excreted in urine (21). The magnitude of change in cellular glutathione concentration that can be achieved may be quite limited, perhaps reflecting the

critical importance of this molecule and the attendant tight regulatory control. Glutathione itself serves as a negative feedback on the GSH synthetic enzymes, which obviously limits cellular capacity to increase GSH concentration (22). Glutathione reductase maintains GSH in its predominant reduced form (\geq 90%). This serves both to maintain this functional state also to control cellular concentration since reduced glutathione (GSH) cannot cross the membrane, whereas the oxidized form (GSSG) can and does afflux, resulting in decreased total glutathione. Besides these enzymes, gamma glutamyltranspeptidase (GGT) is important in GSH metabolism. GGT serves as a salvage pathway for glutamyl moieties at the cell membrane level, passing them back into the cytosol to be used in GSH synthesis. Increased activity of this enzyme has been associated with elevated GSH concentration in a number of cell lines and malignant tissues (23, 24).

It is advantageous to include Vitamin B_1 (thiamine) in a diet that results in elevated GSH. Thiamine is involved in the transketolase reaction of the pentose phosphate shunt yielding NADPH (GSSG is reduced back to GSH by NAPDH; GSH reductase).

Vitamin B_2 (riboflavin) is also an advantageous addition. Flavin mononucleotide (FMN) and flavin adenin dinucleotide (FAD) are synthetized sequentially from riboflavin and are involved in GSH reductase.

Some milks, especially those from New Zealand, are low in selenium. Selenium is contained in GSH peroxidase. Mammals deficient in selenium have markedly decreased peroxidase activity. Therefore glutathione formation which is advantageous for its anticancer effect requires an adequate level of selenium.

If we assume a dosage level of 60 grams undenatured whey protein as a daily intake, the recommended levels of Vitamin B_1 , Vitamin B_2 and selenium are as follows:

Vitamin B, 1.5 - 2.0 mg

Vitamin B_2 1.7 - 2.2 mg

Selenium Methionine 40 mcg. - 60 mcg.

The effects of a small increment in cellular GSH are greater than expected. For example, there are many reports of human and

murine tumour cell lines selected in vitro for resistance to a variety of chemotherapeutic agents. In a number of these cell lines cellular GSH is increased consistently by 2-fold compared to the drug sensitive parental cell line, despite the fact that the level of drug resistance is often much greater, e.g. as much as 30-fold (24, 25, 26). In these cell lines, depletion of cellular GSH by selective inhibition of synthesis restores drug sensitivity to the resistant cells. This is effective only if the GSH depletion is maintained throughout the drug-treatment period.

Given the fact that cellular GSH is very tightly regulated, that a 2- fold increase may be maximal, and that the effect of small increments in GSH may be amplified by a variety of GSH-utilizing enzymes (e.g. glutathione peroxidase, glutathione-S-transferase), the reproducible change in GSH concentration observed in animals fed the whey-rich diet is likely to have biological importance. The chronic nature of this augmentation may contribute significantly to this effect.

Our findings show that in mice fed a casein diet the number and size of DMH induced colon carcinoma were reduced by a factor of 0.3 and 0.4 respectively in comparison to Purina fed controls (Table 3, below). However, in mice fed the whey protein diet with similar nutritional efficiency the number and size of DMH-induced colon carcinoma were reduced four fold in comparison to the Purina fed controls (Table 3, below). DMH- induced colon tumours appear to be similar to those found in humans as far as type of lesions and chemotherapeutic response characteristics are concerned (27, 28).

The superiority of the anti-cancer effect of whey protein in comparison to case in has been reported in our previous study (1). About 80% of the proteins in bovine milk are case ins and the remaining 20% are whey proteins (29, 30). In addition, using the traditional process of preparing case in, the amount of whey protein co-precipitated along with the case in varies from about 40 to 60% of the total amount of whey protein present in the milk (31). Therefore it is conceivable that the minor anti-cancer effect seen with case in could be due to the relatively (to case in small amount of whey protein coprecipitated with it.

- 12 -

It is apparent from the above described studies that the antitumour activity of the dairy products is in the protein fraction and more specifically, as our invention demonstrates, in the whey protein component of milk.

The beneficial effect of this dietary WPC supplement is enhanced to the extent that it is a replacement for some or all of the patient's protein intake from other sources.

SURVIVAL STUDIES: THE BIOLOGICAL ACTIVITY IS DEPENDENT ON THE UNDENATURED CONFORMATION OF WPC

(a) Survival of Old Mice During a Limited Time Period:

Our study shows that the mean survival time, over a limited observation period of 6-7 months ending when 55% of male C57BL/6NlA mice were dead, is increased by about 30% in mice commenced on the undenatured whey protein (U-Lacp) diet at the onset of senescence (age 21 months) in comparison with "controls" fed the nutritionally equivalent Purina mouse chow. The survival curve of Purina fed mice was very similar to that of casein diet-fed mice. However, in the subsequent four months, mice on undenatured whey protein diet were switched to a denatured whey protein concentrate (D-Lacp) diet. During this period, the time of death of the remaining whey protein diet-fed mice became similar to that of their casein diet or Purina-fed counterparts. Throughout the study repeat bioassays of PFC formation confirmed the correlation between host immunoenhancement and undenatured state of WPC in diet as indicated in Figure 3. In the second part of the study, when the difference between survival curves began to narrow, the immunoenhancing property of WPC was absent although its nutritional quality was preserved Throughout the entire study no significant intergroup difference was seen in calorie intake, and body weight. Since longevity is dependent primarily upon the genome of the individual it is unlikely that delayed mortality over a limited period of time would have influenced overall longevity.

Effect of dietary milk protein on animal growth and tumour carcinogen the with treated Table 3 mice development in A/J 1,2-Dimethylhydrazine.

,	Whey Prot.	Casein	Purina	Pur/Whey	Pur/Cas
٠	28 Weeks	28 Weeks	28 Week	20/8 Weeks ^b	20/8 Weeks ^b
Initial Weight ^c (g)	21.7±0.5	21.5±0.7	21.9±0.8	21.9±0.4	22.0±0.7
Final Weight [¢] (g)	21.5±0.3	21.8±0.4	19.7±0.7	21.3±1.0	21.0±0.6
Number of Tumours ^c	8.4±1.5	24.7±3.0	35.9±2.6	15.1±3.2	21.7±4.3
Tumour Area ^c	38.8±6.4	90.9±10.6	160.0±11.4	160.0±11.4 47.9±10.4	77.7±10.9
Mice treated with DMH for 24 weeks, and then sacrificed 4 weeks later.	r 24 weeks, eks later.	ANOVA:	solid line(s) significantly	<pre>(s) connect t tly different</pre>	solid line(s) connect those means not significantly different $(p<0.05)$.
Mice treated with DMH for 24 weeks,	r 24 weeks,	Group	Whey Pur	Pur/Whey Pur/Casein	ısein Casein
They were maintained on P Mouse Chow for 20 weeks a	Purina and then Protein	Number of Tumours			
	remaining	Tumour Area			

c) Mean ± SEM.

a

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- 14 -

However, at least in terms of the immunoenhancing effect of the diet, this study could be regarded as a single direction cross-over from test (ULacp) to control (D-Lacp) diets, showing that the biological activity of WPC on survival of old mice is dependent upon its undenatured state and correlating directly with the PFC assay used in our study (as illustrated in Figure 3 and Table 11).

(b) Short and Long Term Survival of Mice with DMH-Induced Colon Cancer:

In DMH treated mice we noticed a difference between mortality by the 28 weeks end point and the survival time to the end of the experiment in relation to dietary protein type. During the first seven months of study, the mice fed undenatured whey protein (U-Lacp) had no death as compared to a 33% mortality observed towards the end of this period in the casein and Purina groups. In the subsequent four months mice on whey protein were fed denatured whey protein (D-Lacp). During this latter period the D-Lacp diet appeared to have no favourable effect on survival in comparison to the casein diet (Table 4, below).

Throughout the study repeat bioassays of spleen PFC were done to document the physiologic effects of the diets on immune function as reported previously and the stability of these effects. The immunoenhancing effect of the U-Lacp diet was consistently confirmed for the first 7 months of the study; however, in the four following months (D-Lacp), immunoenhancing effect previously observed in mice fed the U-Lacp diet was absent. The values of PFC response in relation to either the U-Lacp diet or the D-Lacp diet were consistent with those presented in Figure 3. This study therefore confirms the hypothesis that the biological activity of WPC on survival of tumour bearing mice is dependent upon its undenatured state correlating directly with the PFC assay used in our study.

ABLE 11

INDIRECT INDICES OF DENATURATION OF WHEY PROTEIN CONCENTRATES

	D-LACP	SIGMA DENATURED	PROMOD	SAPRO	U-LACP.	U-LAD
Solubility:	82.8% pH:6.4	0% pH:4.8	93.7% pH:5.9	91.6% pH:6.2	94.5% pH:6.5	1 1
Light Transmittance (750 nm. 0.15%P)	49.78	19.3\$	\$9.89	63.6\$	79.0\$	ı
Solubility Index: (pH 4.6, 3.0%P)	72.8\$	\$0	84.7%	83.8%	92.0\$	1

EFFECT OF THREE WEEKS OF DIETARY TREATMENT:

PROMOD AND SAPRO VS D-LACP. AND SIGMA DENATURED P<.05

U-LACP. VS PROMOD AND SAPRO P<.01

- 15 -

Table 4

Effect of dietary milk protein on short and long term survival in A/J mice treated with the carcinogen 1,2-Dimethylhydrazine for 24 weeks.

	DI	ETARY G	ROUP ^b
Whey	<u>Protein</u> d	<u>Casein</u>	Purina

Mortality ^a at 28 weeks	0%	33%	33%
Survival time ^c in weeks	40	41	30

- a) significant by Chi Square analysis: Whey Protein vs. Purina vs. Casein p<0.05.
- b) Originally 12 mice per group.
- c) Survival time in weeks from the first dose of carcinogen. Whey protein and Casein differ significantly from Purina, Mantel-Cox test p<0.01.</p>
- d) Undenatured Whey Protein used from weeks 3 to 28.

 Denatured Whey Protein used from weeks 28 until end.

The experiment referred to above which are summarized in Tables 3 and 4 used Lacprodan 80 as a source of undenatured WPC:

We now prefer to use a whey protein concentrate (WPC) in undenatured form prepared from milk treated in the most lenient way compatible with accepted standards of safety with regard to bacterial contamination. The extremely high solubility index indicated that the proteins present are essentially undenatured, hence demonstrating the leniency of the ultrafiltration process [31]. Although the proteins contained in the concentrates from the other commercially available sources examined were mostly in undenatured form, as indicated by the relatively high solubility of the concentrates, the content of serum albumin and immunoglobulins in these mixtures is below the level activity

[31]. These very thermolabile proteins are denatured, hence precipitated and partially lost from whey when high pasteurization temperatures are utilized.

Our studies also showed that administration of S(n-butyl) homocysteine sulfoximine, which reduces splenic glutathione in half, significantly reduced the humoral immune response of whey protein-fed mice. This was taken as further evidence for the important role of glutathione in the immunoenhancing effect of dietary whey protein (32).

Tissue glutathione concentration may be increased by administration of gamma-glutamyl-cysteine. Intracellular glutathione increased in the kidney by about 50%, 40-60 minutes after subcutaneous (s.c.) injection in mice, returning to control values 2 hours later (33). The administered gamma-glutamylcysteine is transported intact into the cells, and serves as a substrate for glutathione synthetase (33).

Advances in amino acid sequencing of food proteins allowed us to investigate the occurrence of glutamylcysteine groups in whey protein and the possible relation to glutathione promotion. Indeed, whey protein concentrate from bovine milk contains substantial amounts of glutamylcysteine groups, unlike casein, which does not increase tissue glutathione when fed to mice (35). The glutamylcysteine groups are located primarily in the serum albumin fraction (six groups/molecule). Glutamylcysteine groups are extremely rare in animal and plant edible proteins. Extensive search of all available data on amino acid sequencing of edible proteins reveals that the Glu-Cys group with a disulfide link is indeed limited to some of the whey protein, and to the ovomucoid fraction of egg white which contains 2 of these groups in a 30,000 mol.wt.molecule (31).

Our recent (31) data further indicate that the humoral immune response is highest in mice fed a dietary whey protein concentrate exhibiting the highest solubility (undenatured conformation) and, more importantly, a greater relative concentration of the thermolabile bovine serum albumin ($\geq 10\%$) and immunoglobulins. In addition, the mice fed this type of whey protein concentrate exhibit higher levels of tissue GSH. The

- 17 -

glutamylcysteine groups (rare in food protein) and the specific intramolecular bond as related to the undenatured conformation of the molecule are considered to be key factors in the glutathione-promoting activity of the protein mixture.

Recent experiments in Japan [36] showed that spleen cells of BALB/c male mice fed 25g of our undenatured whey protein 2 concentrate (WPC) (for which the Trademark name "Immunocal" has been applied) per 100g diet for 4 weeks had an increased immune response to SRBC in vitro and a high content of L3T4+ cells (12.58 x $10^6 \pm 1.36$) than mice fed an isocaloric diet with 25g. pure casein/100g. diet (3.69 X $10^6 \pm 0.50$). Similarly, the speen L3T4+ /LYt - 2+ ratio was 1.36 \pm 0.07 in undenatured WPC fed mice and 0.55 ± 0.07 in casein-fed controls (P<0,001). Conversely, the relatively high concentrations of the thermosensitive serum albumin and immunoglobulins resulting from the low degree of pasteurization of milk in our WPC, may reflect more closely the pattern of raw milk. These data lend support to the hypothesis that the thermolabile Glu-Cys containing proteins such as serum albumin in undenatured conformation are crucial elements for the biological activity of whey protein concentrate.

Suitable bovine whey protein concentrate (WPC) has been prepared by the "Service de recherche sur les aliments du Ministere de l'agriculture du Quebec" in St-Hyacinthe, Quebec, Canada, with the following characteristics: pure protein content 75% (the rest mostly lactose, some fat and moisture); solubility index: (pH 4.6); 99.5%. Protein composition as of total whey protein measured by polyacrylamide gel electrophoresis (31) was: beta-lactoglobulin 59.1 ± 4.0 ; alpha-lactalbumin: 6.6 ± 0.7 ; serum albumin: 9.7 ± 1.0 ; immunoglobulin 24.6 ± 2.6 (mean \pm SD). The solubility index should preferably be above 99%.

The serum albumin of about 10% of the total whey protein was almost twice the corresponding value found in other commercially available whey protein concentrates that have been examined. It is believed that a serum albumin level ≥ 10% is highly advantageous to improving the immune system.

Serum albumin includes a substantial amount of glutamyl cysteine which is a substrate for glutathione synthesis in the body. The role of glutathione is discussed in detail in or article "The Biological Activity of Undenatured Dietary Whey Proteins: Role of Glutathione", Clin. Invest Med 14: 296 - 309, (31).

Immunoglobulin in the range of about 25 to 30% of total whey protein is also important. Pasteurization at 72°C for 13 seconds resulted in an immunoglobulin level of 28 \pm 2%. We have found it possible to achieve a serum albumin level as high as 14 \pm 1% with milk pasteurized at 72°C for 13 seconds.

Upon bacteriological analysis no staph, salmonella, B cereus, or E coli were isolated in either the WPC prepared by the "Service de recherche sur les aliments du Ministere de l'agriculture du Quebec" or in the sample pasteurized at 72°C for 13 seconds. Other samples were prepared by heating the milk to 63°C for 30 minutes, with good results.

30ml of heparinized blood may be used to determine the glutathione content of blood mononucleated phosphate buffered saline adjusted so that there are 10⁷ cells per tube. After centrifugation 900 ml of water is added to the pellet to lyse all the cells. To each aliquot is added 30% sulfosalicylic acid for a final concentration of 3% in 1 ml. After 15 minutes incubation, the samples are centrifuged, and the clear supernatant is used for the biochemical assay according to the method of Anderson [37]. Values are expressed as nanomol (nMol) per GSH/10⁷ cells. Blood lymphocyte subsets may be determined by flow-cytometry.

The total serum protein, including the albumins and the immunoglobulins may be determined by the Biuret method. The level of Immunoglobulin A (IgA), Immunoglobulin G (IgG) and Immunoglobulin M (lgM) may be measured by immunonephlometry.

The presence of glutamylcysteine groups in the serum albumin component of the whey protein concentrate is considered to be a key factor in the glutathione-promoting and immunoenhancing activity of the protein mixture of the undenatured WPC. Our laboratory studies indicate that whey protein concentrates from

other sources did not produce significant biological activities even though they exhibited similar nutritional efficiency. The percent serum albumin concentration in these products is (as mean ± SD) respectively: 4± 1 in Promod (Ross laboratories), 4± 1 in Alacen 855 (New Zealand Dairy), 4.8± 1 in Lacprodan - 80 (produced from 1989 by Danmark Protein), 4± 0.1 in Sapro (Sapro, Montreal), 4± 1 in Savorpro - 75 (Golden Cheese, CA, USA), 5± 1 in Bioisolate (Lesueur, Isolates, Minneapolis) [8] and 4.3± 1 in Promix (Dumex, Quebec). Similarly, the content of the other thermolabile protein, immunoglobulin, was about half the value of the undenatured WPC used in this study.

The results indicate that undenatured whey proteins by providing specific fuel for glutathione replenishment in the immunocytes could represent an adjuvant to other forms of therapy.

Historically, and up until now, bacteria and spores in milk were reduced by thermal treatment (pasteurization). In order to be effective, that method inevitably produced denaturation, and hence subsequent precipitation and loss in the curd of a substantial amount of the most thermolabile and presumed biologically active fractions of serum albumin and immunoglobulin.

Our objective is to obtain a whey protein concentrate (w.p.c) containing the proteins in proportion and conformation as close as possible to that of raw milk, compatible with accepted safety standards of bacterial content. Up until now we have utilized the lowest acceptable level of heat treatment of milk in order to preserve thermolabile whey protein.

An alternative to heat treatment is a method based on membrane microfiltration. Utilizing Bactocatch (Alfa-Laval Ltd. Scarborough, Ontario) we can obtain a permeate by special membrane microfiltration of the skimmed milk whose bacteria content has been reduced to less than 0.5% of original input levels.

This permeate is then treated with rennet and the proteins in the whey supernatant concentrated by a lenient procedure to obtain the desired undenatured whey protein concentrate. The membrane microfiltration concept is an alternative to the heat treatment of milk as an appropriate way to preserve heat labile whey proteins, although techniques and equipment may be improved in time.

Tables 5 and 6 illustrate schematically a process to produce an improved undenatured WPC which we have referred to under the trademark Immunocal. Table 7 is a comparative chart showing the characteristics of Immunocal in comparison with the sources of WPC and showing also the consequences of 3 weeks dietary treatment.

We have concluded as a result of our work that undenatured whey protein concentrate (WPC) is of value in the prophylaxis of cancers, such as chemically induced cancer, typically such as promoted by carcinogens such cancer which is It also is useful for the treatment of dimethylhydrazine. patients having cancer cells such as chemically induced cancer cells, to inhibit the replication of such cells. An approximate dosage for humans is in the range of about 8 to 40 grams daily and preferably 20 to 40 grams daily. It is particulary beneficial to administer 30 to 40 grams daily. It has been established that it is particularly advantageous to use WPC having a serum albumin in concentration of at least 10% ± 1. serum albumin should be at least 9% and most preferably at least 9.5%.

As the published literature shows, tumors of the colon induced by dimethylhydrazine in experiments with mice are similar to cancer of the colon in humans in terms of the type of lesion and response to chemotherapy. (27,28).

The discovery that the granulocytes/lymphocytes (G/L) ratio is increased in terminal cancer cases and correlates with the patient's condition (38) has prompted an interest in the factors that might influence this important parameter.

- 21 -

TABLE 5

A SCHEMATIC REPRESENTATION OF THE PROCESS TO PRODUCE THE WPC WHICH WE REFER TO AS IMMUNOCAL

Raw milk

Skimmed at 35° C

•→ cream

Skimmed milk pasteurized at 63° C for 30 minutes.

At 38°C: Addition of rennet (20 ml/100 kilos), allowing the agitation to resolve at low speed.

•

curd

Whey

Filtered with cheese cotton to remove debris (45 minutes):

At 40°C: Ultrafiltration (Romecon UFSI, polysulphone membrane, cut off 50,000, pore diameter 0.06 of an inch, surface 2-3 m²).

: Diafiltration to wash out salts and lactose.

Whey Protein Concentrate

Pasteurized at 63° C for 30 minutes.

At 40°C: Lyophylization (16 hours).

Whey Protein Concentrate, Powder:

- 22 -

TABLE 6

ASSAY OF PRODUCT OF TABLE 5

Polyacrylamide

Serum Albumin B-Lactoglobulin

gel electrophoresis

10±1%

57.8±0.9%

α-Lactalbumin

Immunoglobulin

11.4±0.6%

22±0.7%

For example granulocyte depletion using extracorporeal circulation was found to significantly reduce the size of a transplanted tumor in rabbit (39). Recent experimental studies in mice suggested the possibility that the second parameter of the G/L equation could be influenced by dietary means. Mice fed whey protein concentrate prepared so as to preserve the most thermosensitive molecule of whey, such as serum albumins in their native undenatured form, exhibited an enhanced immune response (35) manifested, in part, by an increased resistance to pneumococcal infection (40,1) and carcinogen induction of cancer (1).

This is the product which we referred to as undenatured WPC. Increased immune reactivity of mice fed with undenatured WPC was found to persist in naive cells transferred in vitro (36). serum albumin contains six glutamylcysteine groups (31) hence provides the specific substrate for the synthesis of glutathione (33, 34) (GSH). These groups are extremely rare in food proteins (31).

5 X 10⁶ sheep red

TABLE 7

PHYBICAL-CHEMICAL CHARACTERISTICS AND BIOLOGICAL ACTIVITY OF DIFFERENT

			a	TPES OF WHI	EY PROT	TYPES OF WHEY PROTEIN CONCENTRATES	ATES		
	<u>Undenatured</u> conformation	ion	Protein com	Protein composition (% of total whey proteins)	oteins)		Effect of 3 w PFC	Effect of 3 weeks dietary treatment PFC Glutathione (µmol/q) ⁵	reatment (umol/q)
	Solubility index (pH 4.6)	Y 4.6)	B-LG¹	α-La²	SA ³	Immuno- globulins	X 10-3	Liver	Heart
Immunocal		99.5%	57.8±0.9	11.4±0.6	1011	22±0.7	148±16	7.95±0.40 1.15±0.7	1.15±0.7
Promod	978	₩	61±3	20±1	4±1	15±3	65±14	6.64±0.41	1.0±0.7
Alacen 855		97.1\$	62±8	22±3	4±1	12±6	66±17	6.04±0.36	ı
LacProdan-80	896 08-	æ	62±4	18±2	4.8±2	15±4	44±15	6.70±0.20	ı
Sapro	958	*	€0∓3	21+2	4±1	14±3	31±8	ı	ı
Savorpro-75	75 98%	₩	63±3	20±1	4±1	13±3	31±8	i	ı
Biolosolate		90.1%	66±4	15±1	5±1	12±3	65±20	ı	ı
Casein	•		•	1	ı	1	35±9	ı	1.0±0.8

S.D.; 20 g protein/100 g diet. are expressed as mean ± Values

B-LG, B-Lactoglobulin

a-La, Alpha-Lactalbumin

S.A., Serum Albumin2

Number of plaque-forming cells/spleen 5 days following immunization with a blood cells

Signifies not done

Please see test for statistical reference.

The favourable effect of undenatured WPC in animal experiments were associated with a sustained elevation of tissue glutathione levels (41). However, nowhere this effect was more evident than in the spleen cells during the antigen driven clonal expansion of the lymphocyte pool (32): these experiments clearly indicate that the immune enhancing activity i.e. increased lymphocyte proliferation of dietary undenatured WPC is related to the observed greater production of GSH in the lymphocytes comparison to an actual GSH decrease noted in casein fed controls during a similar antigenic challenge (32). GSH, a tripeptide thiol found in virtually all cells, is the major free radical oxygen scavenger (42). More specifically, the GSH content of the lymphocytes appears to be correlated with the ability of oxidants and thiols to modulate their proliferation (43). In this sense modulation of intracellular GSH may affect immune responsiveness (44, 45).

These experiments further indicate that the enhancing effect of dietary whey proteins on the lymphocytes is particularly evident when the antigenic stimulus for active proliferation is present.

However, this unique relation between dietary undenatured WPC and lymphocytes production is also manifest in normal unimmunized mice. After three weeks of dietary regimen, the spleen weights, as well as the spleen weight: body weight ratio of mice fed 20g or 30g undenatured WPC/100g diet were moderately higher than the corresponding values of mice fed nutritionally equivalent diets containing 20g or 30g of either casein, soy protein or fish protein/100g diet (46). More specifically, the number of cells per spleen were higher in undenatured WPC fed mice than the corresponding values in mice fed equivalent amounts of casein, wheat, soy and fish protein (35).

A more detailed study revealed that the number of nucleated cells in the spleen of mice fed a 25% undenatured WPC diet was significantly higher than the corresponding values in mice fed a control 25% casein diet. Interestingly, the observed changes were specifically related to doubling of the T cell population: particularly the L3T4* subpopulation increased four fold, whereas

the number of B-cells was unchanged (36). This later finding is consistent with other studies showing that the effects of undenatured WPC are not exerted centrally on the rate of primary B-lymphoctye production in the bone marrow and that the immune enhancing effect is specifically seen in response to T-cell dependent antigens (47).

The above described effect of undenatured WPC on the lymphocytes may well explain the observed inhibitory effect of this form of dietary regimen on experimental tumors. Recent experiments showed that continuous feeding of undenatured WPC in the diet inhibits the development (number and size) of tumors in the colon of mice over a period of 24 weeks of dimethylhydrazine (DMH) treatment (1). This antitumor effect could be caused by increased resistance of target cells to the carcinogen and/or a direct inhibitory effect of dietary undenatured WPC on tumor growth. A subsequent series of experiments (2) where animals were fed standard laboratory diet for the first 20 weeks of DMH and then switched to the undenatured WPC diet for the remaining 8 weeks of DMH treatment, clearly indicate an inhibitory effect of undenatured WPC feeding on cancer cells.

It is noteworthy that the enhancing effect of undenatured WPC on the peripheral lymphoid tissues of normal animals is not associated with significant changes in the total number of blood lymphocytes (36,46). The absence of variation in total number of circulating lymphocytes was also noted in healthy humans (Otsuka Pharmaceutical Co. Ltd.).

The induction of cellular GSH synthesis by the glutamylcysteine groups of undenatured WPC may constitute another interesting effect of this product in cancer patients. Indeed, introduction cysteine delivery of the system (ozothiazolidine - 4 - carboxylate), while enhancing GSH levels in normal cells was found to result in feedback inhibition of the GSH cycle in human tumor cells (5).

A clinical trial was arranged in Japan by Otsuka Pharmaceutical Co. Ltd. The clinical team was directed by Dr. Masakazu Adachi. The clinical trial involved five patients who had an advanced stage terminal cancer. A summary report is

reproduced below as Table 8 and laboratory data of hematocytes and glutathione levels are given in Table 9 for four of the patients. The dosage level for each patient was 30 grams per day.

As shown in Table 8 the lymphocyte number in all patients increased during the adminstration of the undenatured whey protein concentrate. Two other patients with an advanced stage had withdrawn from the trial because of digestive problems. Previous investigation had reported that once the lymphocyte number had dropped in cancer patients, the recovery of the lymphocyte number to a normal level may not be possible. The increase of the lymphocyte number is of importance because of its potentiality for improving the G/L ratio.

The results shown in Tables 8 and 9 may be contrasted with healthy individuals who (based on tests of 14 individuals) will usually have an glutathione PMN level of 0.34 \pm 0.02, a glutathione RBC level of 0.066 \pm 0.006, a WBC of 6640 \pm 1700, a lymphocyte number of 2200 \pm 460 a G/L ratio of 1.85 \pm 0.45 and Plt 25.4 \pm 3.3

Table 10 shows the bacteriological analysis and also the protein distribution and solubility of the undenatured WPC used in the trials described in Tables 8 and 9.

In conclusion, it appears that the administration of WPC to cancer patients increases the number of blood lymphocytes and decreases the G/L ratio. The lymphocyte concentration, very low at the outset, tends to return towards normal values. On the basis of previously described experimental evidence (38,39), the observed effect of WPC suggests inhibition of cancer cell growth.

In tests of undenatured WPC subsequent to those described in Tables 8 and 9, the following observations were made:

(1) Patient F had solid tumors in her abdomen that could be identified by physical examination and she had received chemotherapy. She had difficulty in consuming the undenatured WPC and was about to withdraw from treatment. However it was found that as long as she was taking the undenatured WPC her lymphocyte number increased, and the increasing number of tumor markers even showed signs of decreasing.

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Patient	Patient Cancer	Recurrence	improvement or	ient or terminal stage	during unden	during undenatured WPC administration;	nistration:	period
			exacerbation		G/L	lymphocytes	GSH/lymphocytes	
<	A Gastric	peritonitis carcinomatosa	tumor f ascites 1	(+) ilcus	3.	980 ~ 1400	n.t.	54 days drop out
m	Uterus lung meta.	primary tumor	scc. 26 - 100 p.s.: 0	liver metastasis 1	n.c.	960 ~ 1300	0.36 - 0.47 - 0.34	143 days unfavourable
U	Breast bone meta	bone meta. (radiation therapy)	improvement p.s.: 0	·	4.4 - 2.2	480 - 1250	0.33 ~ 0.43	133 days favourable
۵	Lung brain meta ,	LN meta. bone meta	tumor 1 disturbance of c	(+) ce of consciousness	11.6 ~ 4.0	340 ~ 930	0.85 ~ 0.53 79 days died 50 days later after drop out	79 days fter drop out
凹	Esophag. LN meta.	1	lung metastasis (+)	(+)	J.C.	600 - 1000	0.26 - 0.46 - 0.27	56 days unfavourable

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TABLE 9

Lab Data of Hematocytes and Glutathione Level: Cancer

Pre immu	After	Patient	Cancer	Compli.	GSH/PMN	GSH/RBC	VBC	Lymp.	Gran.	6/1	RBC	Plt.	Mono.
0 day		3	Bresst	۲.6.	0.33	0.075	26.9	8.4	20.9	7.7	356	9.5	1.2
	8 days	ပ	Breast		0.47		25.1						
	35 days	၁	Breast		07.0	0.083	34.3	8.3	23.4	2.8	352	11.5	2.6
	77 days	3	Breast		6,43	0.095	32.6	8.1	22.1	2.7	357	10.0	2.4
	91 days	ວ	Breast		78.0	0.074	40.4	11.6	25.7	2.2	362	12.0	3.1
	119 days	3	Breast			0.088	38.6	16.1	19.2	1.2	367	11.4	3.3
	133 days	၁	Bresst		0.31	0.090	40.0	12.5	24.5	2.0	359	10.7	3.0
26 days		u	Esophag.		97.0	0.067	38.5	5.9	29.4	5.0	416	23.6	3.2
	0 days	w	' Esophag.		97.0	0.078	48.2	6.8	38.6	5.7	401	24.8	2.8
	14 days	w	Esophag.		0.39	0.061	45.5	7.4	34.6	4.7	405	26.0	3.5
	42 days	ш	Esophag.			0.066	53.6	8.7	40.6	4.7	393	25.1	4.3
	56 days	m	Esophag.		0.27	0.066	57.8	0.5	43.0	4.1	408	25.1	4.3
5 days		٥	Lung		0.85	0.073	44.7	3.4	39.3	11.6	345	32.9	2.0
	15 days	٥	fung		97.0	0.072	51.3	6.2	39.5	6.4	292	28.2	5.6
	42 days	٥	Lung		0.53	0.071	50.6	9.3	37.3	4.0	325	32.9	4.0
3 days		80	Uterus		0.38	0.083	45.8	9.6	33.6	3.5	319	19.1	2.6
	10 days	8	Uterus		0.34	0.083	42.8	7.7	32.9	4.3	38	17.9	2.2
	18 days		Uterus		0.50	0.087	57.5	12.1	45.4	3.5	575	21.7	3.0
	45 days	6	Uterus		0.55	0.090	51.0	13.1	35.5	2.7	315	19.8	2.4
	87 days	8	Uterus		0.43	0.099	52.2	10.1	37.1	3.7	324	19.2	5.0
	101 days	6 0	Uterus		0.47	0.076	66.5	12.9	49.5	3.8	5%	28.8	4.1
	129 days	60	Uterus			0.086	72.0	13.7	53.0	3.9	258	28.6	5.3
	143 days	8	Uterus		0.34	0.092	77.3	13.3	58.7	4.4	267	30.9	5.3

TABLE 10

room at exposures ന with 4°C in dry environment temperature (22-25°C) for about 4 days. at WPC powder preserved Undenatured

<100/100g <100/100g Coliforms E coli 0 0 B cereus BACTERIOLOGICAL ANALYSIS 0 0 Salmonella 0 0 Staph. 0 0 Time after production 14 months 4 days

Others (3)	24.6 ± 2.6	22 ± 2.9
Serum albumin	9.7 ± 1.0	9.6 ± 1.1
Alpha Lactaibumin	6.6 ± 0.7	9.6 ± 1.1
Beta-Lactoglobulin	59.1 ± 4.0 (4)	58.9 ± 3.9
Solubility	6.86	0.66
Time after production	4 days	14 months

Protein distribution (1) and solubility (2)

- .. Months by polyacrylamide gel electrophoresis
- 2. Solubility index (ph4.6)
- 3. Mostly immunoglobulin
- . Mean ± SD

- 30 -

- (2) Patient G was treated for a local recurrence of cancer after radiation. She received radiation treatment in November, 1992. Administration of undenatured WPC commenced December 4. Her lymphocytes improved between December 3 and January 20, 1993 from 960 to 1310. As of February 3 there was no recurrence and her lymphocytes were 1370 and G/L 3.1.
- (3) Patient H had received radiation therapy for a local tumor. Administration of undenatured WPC was commenced December 16, 1992. At that time, test results were as follows:

WBC	2700
Lym.	480
G/L	4.6
P/t	9.5

Results on December 24 were:

CEA	11.0
WBC	4320
Lym.	910
G/L	3.7
P/t	10.7

On January 20 results were:

CEA	7.1
WBC	3420
Lym.	830
P/t	11.5

On February 3 the results were:

CEA	5.2
WBC	3300
Lym.	860
G/L	2.5
P/t	11.5

It was noted that progress of the patient was good.

(4) Patient "I" had received radiation therapy on mediastinum, on cervical and total brain. Administration of undenatured WPC was started on December 1, 1992. His lymphocytes increased from 340 on November 26 to 930 on January 13. His G/L ratio decreased from 12.1 to 4.4 and WBC increased from 4500 to 5100.

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THE EMBODIMENTS OF THE INVENTION IN WHICH AN EXCLUSIVE PROPERTY OR PRIVILEGE IS CLAIMED ARE DEFINED AS FOLLOWS:

- 1. A use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, for treating cancer in a patient in need thereof.
- 2. A use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to increase the lymphocyte number, for treating cancer in a patient in need thereof.
- 3. A use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to decrease the G/L ratio, for treating cancer in a patient in need thereof.
- 4. A use of a substantially undenatured whey protein concentrate, which concentrate comprises at least about 2.4 grams cysteine per 100 grams protein, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, for treating cancer in a patient in need thereof.
- 5. The use as in any one of claims 1 to 3, in which the serum albumin is at least 9.0%.
- 6. The use as in any one of claims 1 to 5, in which the daily dosage level is in the range of 8 to 40 grams.
- 7. The use as in claim 6, in which the daily dosage level is in the range of 20 to 40 grams.



- 8. The use as in claim 7, in which the daily dosage level is in the range of 30 to 40 grams.
- 9. The use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, for treating cancer in patients having lesions of the colon of the type induced by dimethylhydrazine and being in need of treatment.
- 10. The use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to increase the lymphocyte number, for treating cancer in patients having lesions of the colon of the type induced by dimethylhydrazine and being in need of treatment.
- 11. The use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, in an amount sufficient to decrease the G/L ratio, for treating cancer in patients having lesions of the colon of the type induced by dimethylhydrazine and being in need of treatment.
- 12. The use as in any one of claims 1 to 11 above, in which selenium is administered in the amount of about 40-60 mcg (calculated as selenium methionine) per 60 grams of undenatured whey protein concentrate.
- 13. The use as in any one of claims 1 to 11 above, in which Vitamin B_1 is administered in the amount of about 1.5 2.0 mg per 60 grams of undenatured whey protein concentrate.
- 14. The use as in any one of claims 1 to 11 above, in which Vitamin B_2 is administered in the amount of about 1.7 2.2 mg per 60 grams of undenatured whey protein concentrate.



15. The use as in any one of claims 1 to 11 above, in which the following are administered per 60 grams of undenatured whey protein concentrate:

Vitamin B_1 about 1.5 - 2.0 mg

Vitamin B₂ about 1.7 - 2.2 mg

Selenium 40 - 60 mcg (calculated as selenium methionine).

- 16. A use of a substantially undenatured whey protein concentrate, which concentrate comprises substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and disulfide bonds, at a daily dosage in the range of 8 to 40 grams, for prophylaxis of colon cancer of the type induced by dimethylhydrazine in mammals.
- 17. A use of a substantially undenatured whey protein concentrate to prepare a medicine for administration for the treatment of cancer, which concentrate contains substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and with disulfide bonds, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects.
- 18. A use of a substantially undenatured whey protein concentrate to prepare a medicine for administration for the treatment of cancer, which concentrate contains substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and with disulfide bonds, in an amount sufficient to increase the lymphocyte number.
- 19. A use of a substantially undenatured whey protein concentrate to prepare a medicine for administration for the treatment of cancer, which concentrate contains substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and with disulfide bonds, in an amount sufficient to decrease the G/L ratio of a patient having cancer.
- 20. A use of a substantially undenatured whey protein concentrate to prepare a medicine for administration for the treatment of cancer, which concentrate contains at least 2.4 g cysteine per



100 g protein, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects.

- 21. The use according to any one of claims 17 to 20, to prepare a medicine for administration for the treatment of cancer in patients having lesions of the colon similar to those induced by dimethylhydrazine and being in need of treatment.
- 22. The use of a substantially undenatured whey protein concentrate containing substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and with disulfide bonds, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, to prepare a composition for administration for the prophylaxis of colon cancer similar to the type induced by dimethylhydrazine in mammals.
- 23. The use according to any one of claims 17 to 22, in which the daily dosage level of whey protein concentrate is in the range of 8 to 40 grams.
- 24. The use according to any one of claims 17 to 22, in which the daily dosage level of whey protein concentrate is in the range of 20 to 40 grams.
- 25. The use according to any one of claims 17 to 22, in which the daily dosage level of whey protein concentrate is in the range of 30 to 40 grams.
- 26. The use according to any one of claims 17 to 22, in which the daily dosage level of whey protein concentrate is about 30 grams.
- 27. The use according to any one of claims 17 to 26, including, in addition, vitamin B_1 in the amount of about 1.5 to 2 mg per 60 grams of undenatured whey protein concentrate.
- 28. The use according to any one of claims 17 to 27, including, in addition, vitamin B_2 in the amount of about 1.7 to 2.2 mg per 60 grams of undenatured whey protein concentrate.

29. The use according to any one of claims 17 to 28, in which the composition contains per 60 grams of undenatured whey protein concentrate:

Vitamin B₁ about 1.5 to 2 mg

Vitamin B₂ about 1.7 to 2.2 mg

Selenium 40 to 60 mcg (calculated as selenium methionine).

- 30. The use according to any one of claims 17 to 28, in which the whey protein concentrate comprises a serum albumin level of at least $9.7 \pm 1\%$.
- 31. A composition for administration to a cancer patient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, comprising a substantially undenatured whey protein concentrate comprising substantially all thermolabile whey proteins of the source milk with glutamylcysteine groups and with disulfide bonds.
- 32. A composition for administration to a cancer patient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, comprising a substantially undenatured whey protein concentrate, which concentrate contains at least 2.4 g of cysteine per 100 g protein.
- 33. A composition as in claim 31 or 32 in which the whey protein concentrate comprises a serum albumin level of at least $9.7 \pm 1\%$.
- 34. A composition as in claim 31, 32, or 33, in which the composition comprises 8 to 40 grams of substantially undenatured whey protein concentrate.
- 35. A method for preparing a composition for administration to cancer patients to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects in such patients, comprising the steps of pasteurizing skim milk at a low enough temperature and for a short enough time to obtain a substantially undenatured whey protein concentrate, containing substantially all thermolabile whey proteins of the source milk with glutamyleysteine groups and

with disulfide bonds, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, while being substantially free from staph, salmonella B.cereus and E.coli bacteria, followed by filtration and concentration to provide a substantially undenatured whey protein concentrate powder.

- 36. A method for preparing a composition for administration to cancer patients to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects in such patients, comprising the steps of pasteurizing skim milk at a low enough temperature and for a short enough time to obtain a substantially undenatured whey protein concentrate, containing at least 2.4 g cysteine per 100 g protein, in an amount sufficient to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects, while being substantially free from staph, salmonella, B.cereus and E.coli bacteria, followed by filtration and concentration to provide a substantially undenatured whey protein concentrate powder.
- 37. A whey protein concentrate according to any one of the preceding claims, wherein the whey protein concentrate comprises a substantially undenatured whey protein isolate mixture containing substantially all the heat labile whey proteins of the source milk with glutamylcysteine groups and with disulfide intramolecular bonds, in an amount effective to replenish depleted intracellular glutathione, enhance immune response and exert anti-cancer effects.

1/3

LIVER GLUTATHIONE CONTENT

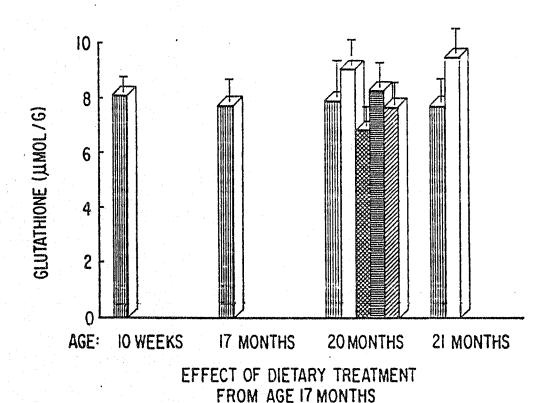


FIG. I

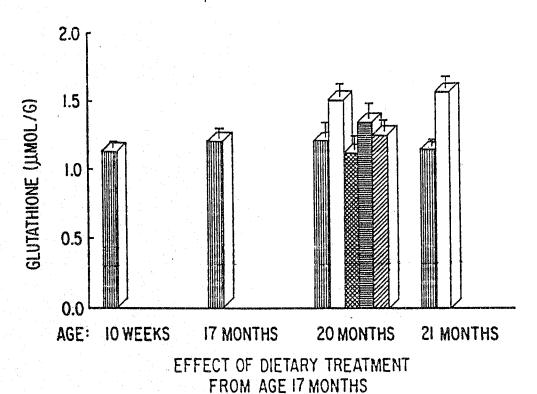
CASEIN

EGG WHITE

20G PROTEIN/IOOG DIET

2/3

HEART GLUTATHIONE CONTENT



D PURINA

☐ U-LACP

⊠ D-LACP

CASEIN

EGG WHITE

20G PROTEIN/100G DIET

FIG. 2

3/3

EFFECT OF VARIOUS SOURCES OF WHEY PROTEIN CONCENTRATE AND CASEIN (20G/100G DIET) ON SPLEEN PFC RESPONSE TO 5 X 10⁶ SRBC

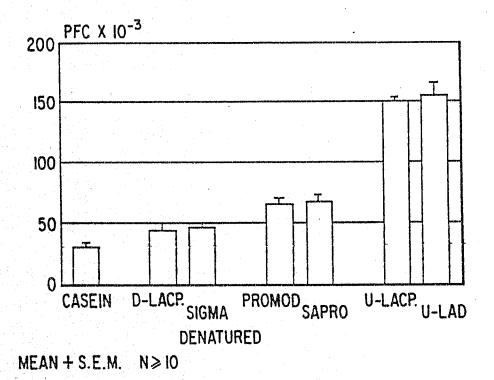


FIG. 3